Forever a Phoenix®

. pplt lst tt lltrqur ts . pts ll squl, squl r . ss, lst ll squl, lst ll usp . rxpll sutl t vrst tl. . pts ut tt upprvlv . s r rt 35 s. . vst x u s lrspwr . 730 sr r pt's rst urs.
7. rptspplrrsrvtllu,
u t plwttl rults. t,trpt ust t tuustt s t vrst x / rustqul rlv s t t s/ r lsttus. ptsrqurt llstt rl lpls pr urs llvrst x lpls pr urssstrt t vrst x tl, lu r lst wt vrst x.
8. ptwllsuttt rrttrt-v(35)s rtlstt tvtwllrts/rslrsp. ptwrtursr pprvswllsutt vrs prruptsprt vrst x tl.
. ulrptrp,rv-rrtrwslt plt ursrwtslrsp, rprttslrsp, s ustpttut, vtwllsru vt t.
10.urttrtslrsp,rptsllt vrst x tl/ssvt r, xlutr ss.pt wlstts vt ptts lsrt.
11. pt wls rstt/swlltprtr vrst xr lts tv, rul, spr, svrtrws pprprt rstr t
ptsst vrst xr lts wwt ttrltt t , I I, II I rusrsxull xplt tr I r utt ts r I r II Ittrsults r I vt.
12. ptrst tvrst x tl, lu, uttltt,ttut ut.